

FLIP & FUN PARTICIPATION WAIVER

We are pleased to have you join in on the fun here at TWIST'n U, Inc. Below is our release form which needs to be signed by every participant that enters our gym. This form must be turned into the reception desk prior to any activity.

Names of participant(s): _____ *(first & last name)*

Emergency Contact Info 1) _____ *(#/name)* **2)** _____ *(#/name)*

Consent of Participation: I understand that tumbling, trampolining, cheerleading and gymnastics, like any other situation involving height and movement involves risks and dangers including but not limited to those of bodily injury, partial and/or total disability, paralysis and death. These risks and dangers may be caused by the negligence of the participant or the negligence of others. There may be other risks not known to us or are not reasonably foreseeable at this time. I/we accept and assume such risks and responsibility for the losses/ or damages following such injury, disability, paralysis, or death, however causes or alleged to be caused in whole or in part by the negligence of Twist'n U, Inc., event hosts, other participants, coaches, instructors, officials, sponsors, advertisers, owners, lessees of the premises used to conduct the event or activity and each of them, their officers, directors, agents and employees. I/we agree that this Consent of Participation covers each and every event or activity sponsored by Twist'n U, Inc. This participant has no problems that might compromise their safe involvement.

_____ SIGNED *(Parent, Legal Guardian or Adult Participant)*

_____ PRINTED *(above)*

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